

GYMNASTICS COURSES - Pensacola Junior College Gymnastics offers professional gymnastics instruction to students in Pensacola and the surrounding communities. The classes are offered to boys and girls ages 18 months through adults. Classes are limited to 6 or 8 students depending on the level of instruction. The main focus of the program is to teach students gymnastics in a safe and positive environment. The classes focus on introductory level skills and progressively become more difficult. The coaches move students through the levels according to each child's own ability level. The coaches are CPR and first aid certified and required to be instructor members of USA Gymnastics, the governing body of the Junior Olympic Program. For more information, please see page 5 of the Continuing Education Spring 2009 Catalog or contact us at (850) 484-1319 or (850) 484-1797.